

ABR INSTRUCTIONS

Dear Parent or Guardian:

Your child is scheduled for an Auditory Brainstem Response (ABR) test, during which your child must sleep. This is a noninvasive, painless test which may take up to 2 hours, although it may be less if your child falls asleep quickly. Please follow these instructions:

- 1) Try to keep your child up late the night before the test and wake him/her up early the day of the test.
- 2) Try not to allow your child to nap before the test time. Keep your child awake in the car on the way to the appointment. If possible, please bring someone with you to keep your child awake while en route to his/her appointment.
- 3) Bring juice, water, milk, or formula to drink if necessary to help your child sleep for the testing.
- 4) Try to keep your child from eating before the appointment. There will be time to nurse or feed him/her before testing begins.

Follow these instructions to ensure your child falls asleep as quickly as possible when they are in our office.

If you have any questions, contact us at (805) 541-1790, Monday – Friday from 9:00 a.m. to 5:00 p.m.

Thank you,

Christy Kirsch, Au.D., FAAA
Pediatric Audiologist